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There ARE Also fishing battues, traps and nets being used. The fishing rites will be described under the head of religion.

Foods.—The Katab has two principal meals, at mid-day and after sunset (generally rather late in the evening, between 8 and 9). He also usually has a snack of something in the early morning. The porridge (*tuk*) of the evening meal is made from *dauro* millet, and it would not suit the palate of the Hausa, as the flour from which it is made is gritty, the result of insufficient milling and winnowing. The soup which accompanies the porridge is made usually of hibiscus seeds (*suzan*), which the Hausa would only use as a last resort (he seasons his with the fruit of the locust-bean). Salt (or charcoal), pepper and wild tomato are added to the soup. A Hausa would not add tomato to a soup containing meat, but the Katab does not mix his meat with the soup (like the Hausa); he eats it separately. The Katab does not always have the luxury of *tuk* at night. He may be content with a dish of beans (*dijok*) or of *kali* (Hausa *fate*), i.e. guinea-corn seasoned with hibiscus leaves, or of boiled yam. The yams are not pounded and made into *sokara* after the Yoruba fashion. They are boiled in their skins, put out on a mat, cut up and divided by the head of the household, each person skinning his own share. Yams or *gwaza* so treated may form the entire menu for the day, i.e. they may be cooked over night, eaten hot first thing in the morning, eaten cold during the day, and eaten again hot at night.

As regards meat, the Katab eats beef, goat, sheep, chicken, bush pig, monkey, iguana (a particular delicacy among all tribes, Kanuri excepted), rats, etc., but does not (like his Kagoro brethren and southern tribes) eat dog's flesh. He uses his dogs for guarding the compound at night and for hunting. Nor does a dog form part of the bride-price, as among the Kagoro. The Katab commonly sell their dogs to the Kagoro and buy goats with the proceeds. Horse- and camel-flesh are taboo.

Beer (*akas*) is an important foodstuff, and the method of its preparation may be recorded. The guinea-corn is soaked in water for three nights, and is then spread out on a cemented surface, and covered with leaves to protect it from the wind and sun. The grain bursts and is put out in a basket, dried in the sun, and finally milled. The flour is placed in a pot, water is added, and the mixture is stirred regularly throughout the day. It is then boiled and left until the sediment has settled. The

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273 liquid is drained off, leaving the sediment, poured into another pot, boiled and left to cool, and is then ready for use.

Various Social Regulations.—Each Katab woman takes one 592 complete day's turn at cooking the food for the entire household, 252 old women alone being exempted from this duty. Thus the principal wife of the head of the household may cook to-day, the second wife to-morrow, a son's wife on the following day, and so on. Numerous jealousies arise from the practice. A wife will take notice of the fact that her husband does not appreciate her cooking, and rival wives will watch to see that the food supplied by the cook of the day represents the amount of corn issued for that day. Women of the compound will charge the cook with having kept back a proportion of the corn in order [841] to sell it in the market for her own advantage. Women are not allowed to cook during their menses. Food cooked by a woman in this condition is said to affect the eyesight of the person who eats it. Married women help their mothers-in-law in various domestic duties, especially in the matter of the preparation of meals, and junior wives assist the senior wives. The senior wife, it may be noted, is the first wife married, and she may be a mere child in years to the second wife. The junior wives eat their 264 meals at the porch of the hut of the senior wife, who is the [595] president of the female society.

Men do not eat with women, and there are numerous rules as to who may eat from the same calabash. A father, for example, would avoid sharing his calabash with his eldest son; it would create disrespect. He would share his meal with his youngest son, or better still, with his grandson. The sons also have their own rules. The eldest son would avoid sharing his calabash with the son immediately junior—he would share it with the next but one, and so on.

513 A Katab husband sleeps two nights successively with each 595 wife. If he has a hut of his own his wife sleeps there; but otherwise he sleeps in his wife's hut. The first wife, we have said, is the senior wife socially, and she is the "real wife", for even if she abandons her husband she will usually one day return. [775] It is believed that in the future life a man has one wife only and that she is the woman he had first married.

Daily Life.—We may now give a rough summary of the daily 512 life of the Katab. Rising at sunrise the head of the household

587 Secondary affinal marriage occurs: a man may inherit widows of his grandfather, father and brother, but only when these are young women and do not have adult lineal descendants with whom they can live.[36a]

595 Seniority is important among women of the compound, as among men, but how seniority is determined, in view of the complexities arising through the institution of secondary marriage, is not clear.[37] A husband spends two nights with [264] each of his wives in turn, in his own hut, if he has one. Men and women eat in separate groups, the women always in or before the hut of the chief wife. If 602 there is a tendency towards friction between successive generations, relations between alternate generations are characterized by a degree of cordiality. According to Meek, relations between and among siblings reflect a similar convention: on the whole, alternate children are closer and take greater pleasure in one another's company than successive children.

Death and Burial

753 Meek's statement that "illnesses and premature deaths are ascribed to witchcraft, and those who die of smallpox are believed to have been witches," is not apparently meant to be taken literally.[38] Without exception treatments for illness 757 described by Meek appear to have no element of magic about them: there is even "inoculation for smallpox, the fluid being taken from the pustules of a man suffering from a mild attack, and transfused into the blood of a healthy man by means of a scratch made with a razor," which, though it differs from current European medical procedure, is not alleged to be a witch-finding ordeal.

764 Interment generally follows death within 12 to 18 hours, though the burial of a civil chief, whose death is kept secret for seven days, may be delayed for 24 hours 766 if necessary to comply with the rule that a chief must be buried under cover of night. The body of a commoner is clothed in the short Hausa-Fulani gown (*tobe*), that of a chief in a robe (*riga*), and finally wrapped in an ordinary mat of palm-fibre. Burial is generally in the home-compound; old men and chiefs are buried beneath the entrance-hut. The grave is described as decanter-shaped, about 6 ft. deep. If the deceased has been a man of importance, a stone is set up on the grave to mark the site for his descendants who may wish to make offerings to their dead ancestor (see *Religious Beliefs and Practices*, below).

When burial—presided over by the *magajin elenowum*—is complete, horns are sounded (if the deceased had reached a respectable age), beer is drunk, and a feast may follow. In the case of a chief, his immediate relatives are "officially" informed of his death—and burial—a week later, but public announcement is not made for perhaps a month, when a general feast is held. According to Meek, however, "the real funeral feast" will not be held until the dry season (presumably delayed only in case of death in the rains): this lasts for two days, during which the senior male relatives go to the *obwai* hut, then come forth and join in a general dance.

765 Regarding mourning, Meek says that a widow allows her hair to grow long, refrains from washing and smears her body daily with ochre for one or two months. At the end of this period she is shaved and washed in the river by female relatives. Though men themselves do not make a display of mourning, a woman mourns in

[36a] A woman may choose, apparently, whether she will be inherited by her husband's son or grandson.

[37] The wives of any man rank according to the length of time they have been his wives; but it is not stated whether a wife loses seniority by absence (as the secondary wife of another man), whether a secondary wife ever out-ranks a primary wife, or how the wives of males of varying rank in the compound are ranked (whether, for example, the senior wife of the senior male, or compound head, is inevitably the senior woman of the compound, even though she may be very junior from the point of view of actual residence). It is made clear only that the age of the women does not enter into calculation of their rank.

[38] Meek's qualification of this statement appears in an earlier section of his account of Katab, where he notes that the Katab "does not surround himself with amulets and talismans" nor live in constant dread of evil spirits.

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When they are about ten years old boys are initiated in these mysteries. They are first shaved, greased and beaten, and are then taken to the sacred grove, but they may not yet drink with the men. They leave the grove and dance all night, and dancing and drinking goes on for another seven days, when they return to their houses, but they may not speak to a woman till another seven days have elapsed. 852

They do not marry until they are sixteen or eighteen years of age, their brides being three or four years younger. The procedure is for the suitor to give the girl's father from four to ten thousand cowries when he proposes. If he is accepted he adds one hoe, one goat, one dog and the flesh of another goat to the gift—an average example which varies according to the wealth of the contracting parties. Beer is prepared by his people, and taken on the wedding day to the bride's house, where drinking goes on for from one to ten days. On the first day the mother takes her daughter to the young man's house for a brief visit, and receives a complimentary present of 2,000 cowries or a hoe—later he comes to her house—and on the second day he takes his wife to his own house where she remains. There is intermarriage between certain tribes, *i.e.*, the Attakka, Moroa, Kaje and Katab, but a Kagoro man will prefer a maiden of his own or of the Attakka tribe, because the others refuse to clear grass for the farms. A virgin may only marry during the wet season, after the seed has been sown. At the end of the millet farming she puts on her married woman's costume and her husband celebrates the occasion by killing a dog and eating its head, liver, entrails and legs, while he gives the neck to those that helped him in courtship, and the remainder to his father-in-law. The blood of slaughtered beasts is always eaten, cooked with fat. If the wife is considered satisfactory her husband gives her mother another present. A girl has the right of refusal and can obtain a divorce, subject to her father's consent, for he retains the legal power to persuade her to go back to her husband, to leave him, or to marry her to someone else. He also has the right of possession over her children, unless her husband redeems them by payment of three goats each. This practice has been put down by the British Government. 582 585 [591] [252] [386]

Children are suckled for two or three years. Boys are named by their father and are circumcised, a very old custom. If a child proves unsound before it is about four years old, or sometimes later, it is thought to be a snake and may be thrown into water. Twins are considered very lucky. 868 304 553 845 847

A man's first wife has authority over subsequent wives and may even beat them, a right so fully recognised that, if these latter forget themselves so far as to retaliate, their parents give her beer. The women all eat together, helping themselves with their right hands, for men alone are allowed the use of spoons. 595 [264]